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By Leonard Finkel

All Q-ed' Up

Natural Golfers join elite players' success with QLink

So what do Natural Golfers, Ernie Els and the European Ryder Cup Team all have in common? Well, they all have enjoyed resounding success in recent months ever since they started wearing the QLink pendant. Natural Golfers learned about the QLink pendant in a recent article in Natural Golfer magazine, and those that decided to try it have been amazed by the results.

Scientists from Stanford University and the University of California created the QLink several years ago. The pendant, which is worn around the neck, "acts like a tuning fork with the body's cells throughout the body to where everything is in balance and operating optimally," says QLink co-developer Joe Hall.

Although QLink will not necessarily make a major difference for everyone and the company makes no medical claims, the general consensus is that the positive effects the QLink produces – both on and off the golf course – are remarkable.

Less Stress

Hundreds of Natural Golfers have ordered and are now wearing QLinks, and from a random sampling of users, several things are constant. Virtually everyone ordered the product hoping to improve their golf game, with any health and medical benefits that occurred considered to be a plus. Calmness, serenity and focus were words Natural Golfers often used when assessing their QLink results.

Natural Golfer Willis Carleton of Jackson, Ohio, is one person who makes those points. Carleton is in his 70s and said he is playing the best golf of his life since he began wearing a QLink. In addition, he said the QLink also has helped his awareness and concentration, which he stresses are the two most important benefits to him.

Jim Fiss, another Natural Golfer from Chesterfield, Mo., bought a QLink to see if it would improve his game. It has, and he noted that he is also sleeping better and is much calmer. "The damn thing works, and I can't figure out why," Fiss says.

The motivation to try a QLink was a bit different for Ronald Van Vleet of Onalaska, Wis. Suffering from rosacea, a facial skin disease, Van Vleet says the condition has regressed since he put on his QLink.

"I'm ecstatic" about the results and "wouldn't dare take it off," he says. The condition, which incidentally is a result of stress and drastic weather changes, is 70 to 80 percent gone, according to Van Vleet.

He is also quick to say that he has never felt so calm in his life. In his first round of golf after donning the pendant, he played his career round.

Fellow Natural Golfer Charles Davis of Lewisberry, Penn., noticed an immediate change in his golf game. He said that he "got into the zone quickly and effortlessly. Golf is fun again and no longer a struggle." He later purchased another QLink for his wife, a teacher, and her stress level has gone down and she has become much calmer, he says.

Mark Deschaine of Belleville, Ill., has been on medication for some time, and one of the side effects gave him “the jitters,” which he says put quite a strain on his putting in recent months. Wearing the pendant, Deschaine says the shakes have disappeared, and he feels much calmer. “I putt like a robot,” he now says.

Tom Olson of Dublin, Calif., had a persistent cough for 30 years, but he claims that ever since he began wearing the pendant, it has gone away. His golf game has also improved, he says.

Stephanie Parry of Boise, Idaho, purchased a QLink for her husband Richard. And though she can't comment on his golf game, after a lifetime of sleeping downstairs due to his persistent snoring, she says he no longer snores since he began wearing the pendant.

On a recent trip to Europe, Richard was the only one not to suffer from jet lag. “Not only has it helped with those aspects, it has also aided in coping with daily levels of stress. Could it be the QLink?” she asks.

From a strictly golf standpoint, Greg McLeod of Overland Park, Kan., has the best tale to tell. Not long after he put on his QLink, he won a tournament. He is able to concentrate “all the time” and doesn't feel stressed on the golf course any more, he says.

Pros win, too

There's another person who won a tournament shortly after he first began wearing a QLink in 2002. In this case, Ernie Els won a big tournament – the British Open – three weeks after the South African received a QLink from PGA Tour trainer Rick Provest. It was Els first Major win since 1997.

Els saw Provest at The International tournament in Denver several weeks later, and Provest reports, “Ernie was thankful. He said he didn't know what was in the QLink, but it was magical. He said that it really helped.”

Following the Open, the London Daily Express ran a feature titled, “How He Won It By A Neck,” referring to Els's win while wearing a QLink. Els is also off to a hot start in 2003 with four victories through February.

Davis Love III, who recently won the AT&T Pebble Beach National Pro-Am, said this about the QLink: “Since putting on the QLink, I feel like my energy has been up. I've played four or five rounds of golf, and I haven't ever really felt tired, which I usually do. Where I noticed it the most was when I spent four days snowboarding with my son, and I could keep up with him.

“I also know if I leave it off for an extended period of time, like I forgot to put it on one day playing golf and I said, ‘Wow, my shoulder is getting stiff, and I don't feel as good.’ I don't know why it works. I'm sure it's one of those things you don't want to know, but you just believe in it.”

Tod Sinding, QLink's director of golf, adds, “We had a string of three weeks where we had six Tour winners, all wearing QLinks, and three of which were back-to-back-to-back Majors. It began with the Women's U.S. Open, followed by the Senior Player's Championship and finally the British Open.”

Another big win in Europe occurred when European Ryder Cup captain Sam Torrance ordered QLinks for his 12 players before they took on the U.S. team last fall. Torrance has been wearing a QLink pendant for quite a while, and he was so sure that it helped him to remain focused in stressful situations that he wanted his team members to wear them in the matches. The word is that nearly every player did.

“Unfortunately for our team, American technology aided our defeat,” Sinding says. “There is only one reason Sam Torrance gave QLinks to his team – he knew the advantages it would provide.”

How it works

According to Joe Hall, the co-developer of the QLink, the pendant uses Sympathetic Resonance Technology (SRT) and acts like a tuning fork.

“Many of us have felt the field created when a musical tuning fork is struck. Picture a table with hundreds of them, and, one by one, the nearest tuning fork begins to resonate sympathetically with the next one until they all are resonating. The field has now strengthened to a significant degree, though only the first was struck.

“Our bodies are made up of 75 trillion cells, and imagine each of them as a tuning fork, in the sense that each cell has a frequency,” he explains. “If you picture yourself made up of many tuning forks instead of cells, QLink is the powerful tuning fork that has been struck. QLink restores our harmonies to where everything is in balance and operating optimally throughout the body.”

According to Hall, “There is an enormous amount of scientific and medical research to back up our claims, which you won’t find with those other products. A skeptic, for example, may attack the validity of one of the QLink studies, such as the brain wave study, or the stress research or the blood study, and say it has no merit. But if you look at the entire body of research as a whole, you can’t dispute the fact that QLink is really unique, an extraordinarily high-tech product.”

When asked about the results enjoyed by Natural Golfers and other users, Sinding says, “We’ve had testimonials from health care professionals and all kinds of individuals making specific claims regarding every kind of problem known to mankind and the benefits of QLink.

“But I don’t think it’s any of that,” he emphasizes. “What it really is, down to a cellular level, is that the QLink makes the body more resistant to stress. Any kind of doctor will tell you that if you can reduce stress throughout the body, you will help the body’s ability to heal itself. I think that’s what’s going on with these testimonials. While some may not notice an improvement in golf scores, if they were scientifically tested, everyone would see positive mental and physical changes.”

Leonard Finkel is a freelance writer, based in San Diego, Calif., who occasionally contributes articles on golf to Natural Golfer magazine.